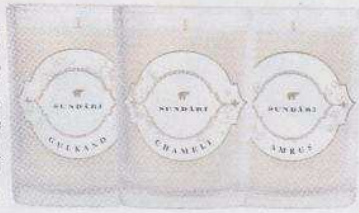


to soothe the soul  
 These sumptuous candles by Sundāri suffuse the room with a fragrant yet subtle aroma of herbs, fruit and flowers – perfect for restoring calm to a busy home.



### essence of glamour

Decorated with glossy images of retro pin-ups, the **Glamourflage** range of pamper products are sure to turn heads wherever you go.

Stylishly designed to adorn the bedroom of any self-respecting vamp, these tempting products combine serious skincare with serious fun.

Visit [www.glamourflage.co.nz](http://www.glamourflage.co.nz)



the makeup book

Published by New Holland Publishers, \$39.99

*The Makeup Book* guides you in a comprehensive beauty routine – from skin-care basics to each major aspect of makeup application. Written by distinguished beauty editor and makeup artist Leigh Toselli, and superbly photographed by her husband, Patrick, an acclaimed fashion photographer, this book will advise you on how to look after and pamper your skin, and teach you to experiment with a range of colours and textures.

### foundation tips

Foundation is now seen protecting your skin from the ageing effects of the sun and air pollution. Many come in variants that are suitable for oily, dry or sensitive skin – they can even balance combination skin and help fight acne. Duplicate the look of perfect skin, rather than perfectly applied makeup. With new treatment benefits, sheer textures and believable colour, foundation is your skin's new best friend.

### shading tips

To select the proper shade, test your foundation colour on the lower cheek area, just above the jaw-line. Select three foundation shades closest to your natural skin tone. Apply one at a time, allowing time for it to react with your skin's acid levels, then check the colour again in natural light. The one that seems to 'disappear' will be the correct shade.

Don't test foundation shades on your wrist.

Never go for a darker shade in the hope that it will make you look more tanned and healthy. Not only will a darker shade look unnatural, it will also be almost impossible to blend at the edges.

# TORTURE CHAMBER?



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